

Green Mountain Sharings

The Vermont Area Al-Anon newsletter, Green Mountain Sharings, is getting ready to produce its first newsletter in several years. The newsletter is encouraging members of Vermont Al-Anon Family Groups to submit shares in writing to the VT Area website at [newsletter@vermontalanonlateen.org](mailto:newsletter@vermontalanonlateen.org) or to Green Mountain Sharings

c/o VERMONT AL-ANON ALATEEN INFO SERVICE  
PO Box 203

Middlebury, VT 05753.

We are looking for submissions of up to 300 hundred words or so.

For the upcoming issue, the April 2012, we are looking for written shares about the group experience. This would include:

1. Shares on the different types of meetings.

We would like to hear from someone whose home group is a Step Study meeting, an Open Discussion Meeting, a Literature Meeting, a Women's Focus Meeting, a Men's Focus Meeting, a Parent's Focus Meeting, an Adult Child Meeting and so on. The idea is to give members a feel for different types of meetings available and how they have help the person sharing in their recovery.

2. We would also like to hear about what is was like to hold a group service position and how that helped the person writing the share in their recovery. Shares on being the Group Treasurer, Group Secretary, Group Literature Person, Public Outreach Person, Group Representative and so on are all encouraged. We hope this would encourage other members to be of service their home groups.
3. Shares on Home Groups are welcome. How having a Home Groups keeps you coming back. How your Home Group has helped your recovery. What you get from your Home Group. What you bring to your Home Group.
4. We like to hear from Alateen members and AMIAS as well about how their meetings

have helped their recovery. Also a share from the Alateen Coordinator about the service position would be very informative to members interested in Alateen.

5. Sponsorship and sponsoring, how have these tools of the program helped you?
6. We would welcome shares from the Group Records Coordinator, the Meeting List Coordinator and the Answering Service Coordinator as well. What there positions entail and how being a Coordinator has enriched their recovery.
7. A few words from the Delegate would be very welcome.

Include with your share how you would like to be identified, such as John M or Anonymous. You can include the location of your home group if you wish, such as Rutland, VT. Let us know whether or not you want to be on the newsletter email list.

We also welcome shares on Al-Anon events you attended in the last 6 months.

You can also share a favorite Al-Anon quote or acronym.

Also, if you have any questions for the Delegate or an Area Officer or Coordinator, submit them to the newsletter for answers.

Please share this invitation to submit to the newsletter with the groups you attend.

Thanks for your participation.