

**Behavior Guidelines for Alateen Functions**

**(These guidelines apply to all members involved in Alateen regardless of age.)**

**Purpose:**

For Area 56 to meet or exceed the minimum guidelines, of AFG Headquarters Inc., regarding the safety and behavior of **teens and adults** before, during and immediately after all Al-Anon/Alateen functions. This includes meetings, workshops, conventions or other social events. These guidelines are inclusive and need to be adhered to wherever Area 56 supports our Area 56 Alateens, including in other areas.

**Goals:**

To encourage healthy communication, respectfulness of oneself and others including property, appropriate behavior, safety at all times, good healthy boundaries, trustworthiness, self-esteem, good habits and the desire to have serenity and peace in living one day at a time.

**Guide for Success:**

Focus on Al-Anon principles and use conference approved literature (CAL).

**Guiding principles:**

- Personal progress for the greatest number depends upon unity (Tradition 1).
- Alateen meetings are closed meetings for teens and AMIAS only.
- Helping the families of alcoholics by practicing the Twelve Steps of AA ourselves (Tradition 5).
- Participation is the key to harmony (Concept 4).
- Good personal leadership at all levels (Concept 9).
- Anonymity is our spiritual foundation, ever reminding us to place principles above personalities (Tradition 12).

**Suggested Guidelines:**

Alateens and AMIAS will be responsible for performance and implementation of the following guidelines before, during and immediately after any Alateen meeting, Area 56 events, and Alateen events in other areas (states).

**1. Act responsibly:**

- Arrive early to set up for meeting or event.
- Respect personal space of others.

- Ask before hugging.
- Leave the meeting space in the same condition you found it.

**2. Speak conscientiously:**

- Speak politely, courteously and positively.
- Take turns sharing.
- Listen when someone else is speaking.

**3. Safety:**

**A. There must be at least two AMIAS at every Alateen meeting.**

**B. Law Safety:** Alateens and AMIAS shall comply with all state and federal laws. This applies to all Alateen meetings and events, whether in state or out of state.

**C. Physical/Medical Safety:** This involves medical care in grave circumstance when parent/guardian is not physically present and an emergency needs to be addressed.

- **Regular Alateen Meeting:**

If in the event that emergency medical attention is required, AMIAS must contact parent/guardian as soon as possible.

- **In state or out of state events (not including regular Alateen meeting).**

- 1) A minor Alateen must have a signed medical release form to attend the function.
- 2) A **signed** Vermont Alateen medical release form (ALT 4 Medical) places the minor Alateen in the “care/custody” of a non-related AMIAS in order to attend Alateen event. This includes going to in-state as well as out of state events.
- 3) An Alateen age 18 or older shall provide the AMIAS with their emergency contact information.
- 4) In the event that emergency medical attention is required, AMIAS must contact parent/guardian as soon as possible.

**D. Vehicular Safety:**

- **Weekly Alateen meetings and special events:**

An AMIAS providing an Alateen with transportation to and from the meeting shall obtain written approval from parent or legal guardian (ALT 5 Transportation).

- 1) Meet parent/guardian and explain why the form is necessary.
- 2) Provide the parent with who, what, when, where, and how information.
- 3) In the event written approval cannot be obtained prior to a meeting other forms of communication are acceptable if you are certain you are communicating with the parent/guardian.