

SCHEDULE OF EVENTS

During the whole weekend we will have meetings scheduled in German and English language, Al-Anon and A.A.

Friday: 15:00 **registration**, 17:00 **welcome meeting**, spiritual meetings, and time to get together.

Saturday: Our new offer is a **yoga class** for 20 participants. Please register ahead of time. Don't forget to bring a yoga mat along.
We would like to encourage you to bring CDs with music from your country and/or lead some dancing! If you have anything else you would like to share/show (a song, a skit..) please be prepared to do so!

Sunday: Meetings, at 10:45 **feedback meeting** followed by our candlelight closing meeting.

SPONTANEOUS MEETINGS

There is the opportunity for spontaneous meetings such as

Alateen meeting

Al-Anon adult children meeting

Women meeting,

men meeting,

sunset meeting

Common reading of the morning
meditation and so on

Feel free to organize or chair a meeting!



REGISTRATION

No registration fee - instead: 7th Tradition.

For day visitors: Please order your meal till 01.08.2019 through Monique.



11th International Al-Anon Round-Up
in Germany
with A.A. Participation,
Meeting in German and English Language

POWERLESS -



BUT NOT HELPLESS

23th till 25th August 2019
Schwanberg 3
97348 Rödelsee



THE HOTEL

Tagungsstätte Schloss Schwanberg
Schwanberg 3 | 97348 Rödelsee

HOW TO GET THERE

By public transportation:

The closest trainstations are Iphofen or Kitzingen. The Schwanberg has a special price agreement with two taxi companies. Please book in advance.
Bahnhof Kitzingen: Taxi Ruf, Tel. 09321 33980
Bahnhof Iphofen: Taxi Kasprowski, Tel. 09323 1649

By car:

If you come by car on the Autobahn A3 take the exit Wiesentheid. You travel through the towns of Rüdénhausen and Wiesenbronn and then turn left to the exit Schwanberg.

You also can come over the Autobahn A7. Take the Kitzingen exit then follow the B8 through Kitzingen. At the end of Kitzingen you leave the traffic circle at the second exit toward Rödelsee.



PRICES

Hotel prices must be paid in advance. Our special rate is (price per person):

single room:	155 €
single room with shower:	180 €
double room:	140 €
double room with shower:	160 €



The prices include:

All meals from coffee and cake on Friday to lunch on Sunday.

Reduction for children

We have variable prices for children of different ages. To get information about the exact costs for overnight stay please contact Monique via email schwanberg.treffen@gmail.com.

In case of a cancellation you may find someone to take your place or pay a fee of 40 € from 4 months till 15 days prior to the round up. 90 € by 14 till 1 days prior and 100 % on the day of non arrival.

BOOKING FOR THE ROUND-UP

Must be completed by 01.08.2019. The registration is completed with the receipt of the money.

Please contact Monique by e-mail schwanberg.treffen@gmail.com before you pay.

ACCOUNT DATA FOR THE REGISTRATION

Bank account name: Al-Anon-Treffen
IBAN DE17 5005 0201 1203 3797 98
BIC HELADEF1822

