

## Friday, March 29

Time	Title	Room
3:30 - 10:00 pm	Hospitality & Fellowship	Townhouse (# TBA)
3:30 pm	Registration	Main Foyer (rear entrance)
5:30 - 6:30 pm	Dinner Buffet (purchase required)	Colonade
6:45 pm	Opening & Welcome	Manchester
7:00 - 8:00 pm	Speaker Meeting	Manchester
8:00 pm	Ice Breaker	Manchester

## Saturday, March 30

7:00 am - 10:00 pm	Hospitality & Fellowship	Townhouse (# TBA)
7:00 - 8:00 am	Breakfast on your own	
8:00 - 1:00 pm	Registration	Main Foyer (rear entrance)
7:30 - 8:15 am	Yoga & Meditation	Manchester
8:30	Welcome	Manchester
8:45 - 9:45 am	All Aboard (welcome to newcomers)	Manchester
	Wind beneath my Wings (prayer & meditation)	Bennington

	Stormy Weather (opening our hearts to grief)	Battenkill
	AA Meeting	Dorset
10:00 - 11:00 am	Pre-Flight Maintenance (treating ourselves better)	Manchester
	Flight Plan (sponsorship)	Bennington
	Flight Records (Lois and the history of Al-Anon)	Battenkill
	AA Meeting	Dorset
11:15 - 12:15 pm	Meet your Pilot (Conference-approved literature)	Manchester
	Taking off into Service	Bennington
	Passport to Serenity (3 <sup>rd</sup> Step)	Battenkill
	Alateen Meeting (also qualifies as AMIAS training)	Dorset
12:15 - 1:15 pm	Lunch (purchase required)	Colonade
1:15 - 2:15 pm	AA & Al-Anon Speakers	Colonade
2:30 - 3:30 pm	Fear of Flying (intimacy)	Manchester
	Baggage Claim (4 <sup>th</sup> Step)	Bennington
	Pre-Flight Maintenance (treating ourselves better)	Battenkill
	AA Meeting	Dorset

3:45 - 4:45 pm	Left to our own Devices (tech savvy with Al-Anon)	Manchester
	Passport to Serenity (3 <sup>rd</sup> Step)	Bennington
	Travels in Al-Anon ( <i>Forum</i> writing workshop)	Battenkill
	AA Meeting	Dorset
6:00 - 7:00 pm	Dinner (purchase required)	Colonade
7:15 - 8:15 pm	Keynote Speaker	Manchester
8:30 - 11:30 pm	Marathon Meetings (three 1-hr meetings on intimacy)	Manchester

## Sunday, March 31

7:00 am - noon	Hospitality & Fellowship	Townhouse (# TBA)
7:00 - 8:45 am	Breakfast on your own	
7:30 - 8:15 am	Yoga & Meditation	Manchester
9:00 - 10:00 am	Spiritual Speaker & Closing	Manchester
10:00	Serenity Walk	Manchester
11:00 am	Check-out	

