

Friday, April 24

3:30 pm Registration Main Foyer
(rear entrance)

3:30-10:00pm Hospitality & Fellowship
Orvis Inn, Rm. 600

4:00-5:00pm Transformation through Al-Anon
Dorset

5:30-6:30pm Dinner Rockwell A&B
(pre-purchase req'd)

6:45pm Opening & Welcome Manchester

7-8:pm Speaker: Al-Anon Manchester

8:00pm Meditation (drop-in) Manchester

Saturday, April 25

7am-10pm Hospitality & Fellowship
Orvis Inn, Rm. 600

8:00am Registration Main Foyer
(rear entrance)

7:00-8:00am Mindful Movement & Gentle
Stretching (chair option avail.)
Bennington

9:00-9:15am Welcome Manchester

9:30-10:30am

How Do You Work Your Program Manchester

From Denial to Detachment with Love
Bennington

Adult Children of Alcoholics in Recovery
Rockwell C

AA Meeting Dorset

10:45-11:45am

Obedience to the Unenforceable/
Accountability to HP Manchester

Aging with Grace: Acceptance,
Gratitude, Surrender Bennington

Making God Boxes & Love Notes Rockwell C

AA Meeting Dorset

12:00-1:00pm Lunch Rockwell A&B
(pre-purchase req'd)

1:00-1:15 Basket Raffles Manchester

1:15-2:30pm Al-Anon & AA Speakers
Manchester

2:45-3:45pm

How Do You Work Your Program Manchester

Obedience to the Unenforceable/
Accountability to HP Bennington

Passing it on: Alateen & Young People's
Participation in VT Al-Anon Rockwell C

AA Meeting Dorset

4:00-5:00pm

Al-Anon's Spiritual Promise Manchester

INSTANT AL-ANON: The Slogans
Bennington

Transformation through Grief and Loss
Rockwell C

AA Meeting Dorset

6:00-7:00pm Dinner Rockwell A&B
(pre-purchase req'd)

7:00-7:15pm Basket Raffles Manchester

7:15-8:15pm Keynote Speaker Manchester

8:15 » done Basket Raffles Manchester

8:30-9:30pm Evening Social Main Foyer

Sunday, April 26

7:00-10:00am Hospitality & Fellowship
Orvis Inn, Rm. 600

9:30-10:30am Spiritual Speaker & Closing
Manchester

11:00am Hotel check-out

11:00am Pioneer Day Celebration at nearby
Wilson House (birthplace of AA co-founder
Bill Wilson and close to gravesites of both
Bill W. and Al-Anon co-founder Lois W.)

12:00pm Lunch at Wilson House, provided by
District 7

1:00pm Al-Anon Speaker Meeting at Wilson
House



Alateen

- Young people are welcome in all sessions and our Hospitality Room.
- Al-Anon Members Involved in Alateen Service (AMIAS) - or those considering it - can learn about certif. and group start-up at Alateen display near Registration table.

Twelve Steps

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

Our 2026 Convention Committee

Chair: Kate L.
Co-chair: Kate G.
Treasurer: Jo S.
Secretary: Steve E.
Publicity: Chris Z.
Program Coord.: Hollie H.-H.
Speaker Coord. and
AA Liaison: Laura A.
Volunteer Coord.: Ann O.
Wilson House Visit: Gretchen L.
Zoom/Sound: Chris L., Ken R.,
and Patrick H.
Hospitality: Donna D.
Decorations: Nora and Paul N.
Registration: Laura S.
Basket Raffle: Cindy R.
Alateen Coord.: Jeremy G.
Archives Coord.: Shirley W.
Website: Joanne P.
Flyers: Susan R.

Notes

Vermont Area Al-Anon Convention

with AA participation

April 24-26, 2026



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welcome in all sessions and
our Hospitality Room.*

*Equinox Resort & Spa
3567 Main St.
Manchester Village, Vermont*



Al-Anon Family Groups

Al-Anon