Worried about your child's drinking?

If you answer yes to the following questions, Al-Anon may be able to help:

- Do you feel you are constantly rescuing your child from a crisis caused by the drinking?
- Do you search for hidden alcohol?
- Do you feel like a failure because you can’t control the drinking?
- Do you feel angry, confused, or depressed most of the time?
- Do you feel there is no one who understands your problems?

There is hope in Al-Anon.

Come to listen. Come to share. Find a meeting today.

For Vermont Al-Anon Information/Meetings: VermontAlanonAlateen.org 1-866-972-5266

Al-anon.org 1-888-4AL-ANON 1-888-425-2666

Al-Anon Family Groups Help and hope for families and friends of alcoholics