

Worried about your child's drinking?

If you answer yes to the following questions, Al-Anon may be able to help:

- Do you feel you are constantly rescuing your child from a crisis caused by the drinking?
- Do you search for hidden alcohol?
- Do you feel like a failure because you can't control the drinking?
- Do you feel angry, confused, or depressed most of the time?
- Do you feel there is no one who understands your problems?

There is hope in Al-Anon.



Come to listen. Come to share. Find a meeting today.

For Vermont Al-Anon
Information/Meetings:
VermontAlanonAlateen.org
1-866-972-5266



Al-anon.org
1-888-4AL-ANON
1-888-425-2666


Al-Anon Family Groups
Help and hope for families and friends of alcoholics