



Losing sleep over
someone's drinking?

You are not alone in
Alateen.

Online

Alateen Meetings

on the Al-Anon
Family Groups
(AFG) App

Download the App Here



Anyone age 13-18 is welcome to attend.

Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it.

For Vermont Al-Anon and Alateen information:

www.vermontalanonalateen.org

info@VermontAlanonAlateen.org Phone: (866)-792-5266