

ALATEEN MEETINGS

Teens can learn how to access one of 5 electronic meeting from a mobile app at <https://al-anon.org/newcomers/teen-corner-alateen/alateen-electronic-meeting/>.

There is currently an in-person Alateen meeting at Brattleboro High School.

**Teens are always welcome
at ALL Al-Anon meetings.**

SUNDAY

Claremont NH.....7:00 pm
TLC Family Resource Center, H
62 Pleasant St

East Dorset.....8:00 am
The Wilson House, 378 Village St H

Hanover NH.....5:00 pm
Church of Christ, Dartmouth Campus H
40 College St, basement

Middlebury.....7:15 pm
St Stephen's Episcopal Church, H
3 Main St, 2nd floor

Montpelier.....6:15 pm
Shephard of the Hills, H
115 Northfield St

Rutland.....6 pm
Christ the King Church, 66 South Main

St Albans.....7:00 pm
ZO

Tunbridge.....5:00 pm
Tunbridge Church Parish Hall, 273 Main St



Help & hope for families & friends of alcoholics

MONDAY

Bennington.....7:00 pm
ZO

East Dorset.....6:30 pm
ZO

Newfane.....7:00 pm
Newfane Congregational Church,
11 Church St off Rt 30 at rear of green.

Norwich.....5:00 pm
ZO, FFO

Rutland.....1:00 pm
Turning Point Center, 141 State St

South Burlington.....12:00 pm
All Saints Episcopal Church, 1250 Spear St.
Use entrance on north side of building FFO

South Burlington.....12:30 pm
ZO

South Burlington.....5:30 pm
All Saints Episcopal Church, 1250 Spear St,

TUESDAY

Brattleboro.....12:00 pm
ZO

East Dorset.....5:00 pm
The Wilson House, 378 Village St

Montpelier.....12:00 pm
ZO

Newport.....7:00 pm
St Mark's Episcopal Church, 44 Second St

South Burlington.....12:00 pm
Women's meeting ZO, FFO

Springfield.....12:00 pm
ZO

St Albans.....12:00 pm
Turning Point Center, 182 Lake St

White River Junction.....7:00 pm
ZO, FFO

WEDNESDAY

Ascutney.....6:00 pm
ZO

Bennington.....6:30 pm
ZO

Burlington.....7:30 pm
ZO

East Arlington.....12:30 pm
ZO, FFO

Guilford.....7:00 pm
Guilford Community Church 38 Church Dr

Middlebury.....1:30 pm
CVUUS, 2 Duane Ct, enter side door H
of small building (more parking at MUHS)

Montpelier.....7:00 pm
ZO

Morrisville.....5:30 pm
North Central VT Recovery Center H
275 Brooklyn St

South Burlington..... 12:00 pm
All Saints Episcopal Church, 1250 Spear St,
Corner of Swift St. Use door at top of ramp

Weston.....10:00 am
ZO

ZO = zoom only

H = Hybrid (onsite and online)

PEG (ZO) = Permanent Electronic Only

THURSDAY

Bradford.....8:00 pm
Orange East Senior Center, 176 Waits H
River Rd (behind Stonecliff Animal Hospital)

Craftsbury.....6:00 pm
United Church of Craftsbury,
7 Church Lane (rear entrance, upstairs)

Fair Haven.....7:15 pm
May-Oct at First Congregational Church, H
3 North Park Pl. Online year-round.

Lebanon NH.....6:30 pm
ZO

Manchester Center.....6:00 pm
ZO

Montpelier.....12:00 pm
ZO

Springfield.....6:00 pm
ZO

FRIDAY

Burlington.....6:15 pm
First Unitarian Society, 152 Pearl St. FFO
Use side door on Clarke St.
Free parking behind church

Enfield.....7:00 pm
Community Lutheran Church, 96 Main St.
Use side entrance for elevator H

Grand Isle.....6:00 pm
In person June-Oct at St. Joseph's Church
185 US Route 2, back door. Online year-
round. H, FFO

PEG (ZO).....12:10 pm

PEG (ZO).....5:30 pm

Rutland.....7:00 pm
ZO

St. Albans.....5:00 pm
Turning Point, 182 Lake St. FFO

SATURDAY

Barre.....5:00 pm
Hedding Methodist Church, H
40 Washington St

Brattleboro.....12:00 pm
St Michael's Episcopal Church,
16 Bradley Ave (corner of Putney-Rt 5)

Burlington.....9:15 am
ZO, FFO

Burlington.....9:30 am
College St Congregational Church.
265 College St

Burlington.....9:30am
ZO

Jericho.....10:00 am
Jericho United Methodist Church
71 RT 15, use side door

North Bennington.....10:30 am
St John the Baptist, 3-5 Houghton St

St Johnsbury.....10:00 am
H
United Community Church
1325 Main St, 2nd floor

White River Junction.....8:30 am
H
Upper Valley Turning Point,
200 Olcott Dr (Wilder), meets in library

Williston.....9:00 am
H
Williston Federated Church,
44 N. Williston Rd (use back entrance)

VERMONT

Al-Anon & Alateen Meetings

Including neighboring towns in NH
October 2025

For more info, including additional location
details, zoom links, and the
most up-to-date meeting list, visit
vermontalanonlateen.org

To speak directly to an Al-Anon member, call
Vermont Al-Anon Answering Service

866-972-5266

To reach Al-Anon's World Service Office and
information on global electronic meetings:

888-425-2666 (888-4Al-Anon)

al-anon.org



Help & hope for families & friends of alcoholics

Al-Anon meetings are for anyone whose life
has been affected by someone else's
drinking. Meetings are free, anonymous, and
confidential. No advance notice is needed—
just come in and have a seat.

Unless otherwise noted, meetings are one
hour long and are held year-round, including
holidays. Al-Anon is not allied with any sect,
denomination, political entity, organization or
institution.

Meeting Codes:

ZO = Zoom only

H = Hybrid (in person **and** online/phone,
some go online only for specified situations)

FFO = Families & friends only (those whose
life is or has been affected by close contact
with a problem drinker)

PEG (ZO) = Permanent Electronic Group